

# Uniform & Equipment Policy

In order to train you must wear your full, official TMAM uniform and equipment. We believe that wearing our uniform shows dedication to your practice, as well as a sense of pride and belonging to our school. Our uniform represents the discipline and unity that are at the heart of martial arts, which is why every one of our students is presented with TMAM uniform upon joining.

Our official uniform consists of the following items:

- Black, grey or orange TMAM t-shirt
- Black TMAM shorts
- Black cotton or Black-Grey satin TMAM trousers
- Black TMAM leggings
- Black, grey or orange TMAM hooded sweatshirts\*
- Black TMAM base layers\*\*
- TMAM belt

\*Non-TMAM hooded sweatshirts and jumpers are not permitted to be worn on the matted areas.

\*\*Plain black non-TMAM base layers may be worn in place of TMAM base layers if you have been unable to find your size within our shop. External brand logos must be covered, and not visible.

All equipment used on the mats must be TMAM issued.

Our official equipment includes:

- Matte black 10oz gloves with TMAM logo
- Matte black 6oz gloves with TMAM logo
- Matte black points gloves with TMAM logo\*
- Matte black focus mitts with TMAM logo\*\*
- Matte black shin and insteps with TMAM logo
- Matte black shin pads and boots with TMAM logo
- Black elasticated groin guard with TMAM logo

\*TMAM 10oz gloves may only be worn in place of points gloves for a period of 6 months.

\*\*Non-TMAM focus mitts are not permitted to be used during classes

## Uniform Reminder and Accountability System

To address uniform infractions while maintaining a positive and respectful environment, we have created the following system:

1. **Initial Reminder (Verbal):** If a student attends a class without their full TMAM uniform, or equipment they will receive a verbal reminder about the importance of wearing the correct uniform.
2. **Written Reminder:** If a student attends a second class without their full uniform or equipment, the student (or their parent/guardian) will be issued a written reminder, outlining the uniform policy and requesting their commitment to adhere to it.
3. **Accountability Chat:** For a third infraction, the student (or their parent/guardian) will have a private discussion with an instructor to address any barriers to wearing the uniform and equipment to emphasise the importance of following the policy.
4. **Participation Suspension:** If a student continues to attend without items of their uniform or equipment, they will be notified in writing that they cannot participate in further classes until they comply with the uniform policy.